



# Fact Sheet

## Online Communication Resources for Those With Limb Loss

by NLLIC Staff (Revised 2012)

Support from a local amputee group is not always available. The following are online communication resources for amputees, caregivers, friends and family members of amputees who would like to communicate with others via Internet forums or e-mail lists.

### **Amputee Coalition on Facebook**

<http://www.facebook.com/pages/Amputee-Coalition-of-America/124366417599950?v=wall>

The Amputee Coalition has set up this forum for the amputee community as a place to share thoughts, feelings, wisdom, fears and triumphs.

Amputees and their caregivers may go online and join the discussions or just hang back and observe, learning from what others in the amputee community have to say.

**As always, please use caution when sharing personal information with strangers over the Internet.**

### **Internet Forums, Blogs, and E-Mail Lists**

*The contents of the following sites are solely the responsibility of the authors and do not represent the official views of the Amputee Coalition/NLLIC. Links are provided for information only. No Amputee Coalition endorsement is implied.*

#### **AMP-L - Amputee Information Network**

<http://mailman2.u.washington.edu/mailman/listinfo/amp-l>

This e-mail list began in 1995 as "a moderated forum for the discussion of adult amputee and related issues."

#### **ARM-AMP**

[arm-amp.com](http://arm-amp.com)

This e-mail list was established in 1996 for upper-limb amputees to share information and support.

#### **Heather Mills Amputee Forum**

[heathermills.eu/forum](http://heathermills.eu/forum)

The Heather Mills Amputee Forum is a community forum for amputees, their caregivers, friends, and family members. Very active, many topics.

#### **I-CAN (International Child Amputee Network)**

[child-amputee.net](http://child-amputee.net)

This e-mail list was established in 1995 to provide information and support contacts to children with absent or underdeveloped limbs and their parents.

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888/267-5669  
[amputee-coalition.org](http://amputee-coalition.org)

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