

# AMPS4OHIO INC AMPUTEE GROUP - SCHEDULE OF EVENTS & ACTIVITIES - SEPT. 13 TO JAN. 1, 2018.

Please check our calendar at [www.amps4ohio.com](http://www.amps4ohio.com) for updates on these events and any added events.

Contact [amps4ohio@gmail.com](mailto:amps4ohio@gmail.com) for more information or call 740-777-8180 or to sign up for some of the events below.

We also have Certified PEER Visitors if you would like a visit from an amputee in our limb loss community. Plus we have speakers on Limb Loss for your groups, clubs, schools or events. Call 740-777-8180 or email [amps4ohio@gmail.com](mailto:amps4ohio@gmail.com). Please feel free to post this or email this schedule of activities and/or events.

.... **PB** means I will email out a "PunchBowl Invite", this helps us keep track of who is coming for certain events, for reservations, food etc. THANK YOU for replying to these Invites!

- Sept 13 **AMPS4OHIO AMPUTEE GROUP MONTHLY MEETING** - 6:00 - 8:00pm \* 1151 W. 5th Ave. - Columbus, OH 43212  
( Disaster Preparedness Discussion & pertinent handouts will be given. Please bring your ideas that may help others )
- Sept 16 **CARDS - EUCHRE** 2:00 - ? at Ed & Donna's 5290 - Redwood Rd Columbus, OH (Ed's home is not accessible) **PB**
- Sept 20 **Franklin County Full Scale Mass Casualty Exercise at Airport** 7:30am-4:00pm ( participants needed, contact Juanita for referral)
- Sept 23 **YOGA** 7-Studios 275 S. Third St. Columbus, Ohio 43215 **PB**
- Sept 23 **SELF DEFENSE CLASS for people with disabilities** 12:30- 4:30 Franklin Park Adventure Center 1755 E Broad St. Columbus  
( call 614-575-8055 or email [mortland.cde@gmail.com](mailto:mortland.cde@gmail.com) - Derek Mortland to register & more information \$25. /person)
- Sept 23 **TRY SLED HOCKEY** Ohio warriors practice 4-5:15pm ...5:15 – 7:00pm you can try sled hockey, (B Team to be started soon) at the Ice Haus
- Sept. 29 ( **Dinner with Friends Cancelled** ) instead, come join us for our Chili Cook-off and FUN Day on Sunday Oct. 1<sup>st</sup>!!
- Oct 1 **AMP4OHIO CHILI COOK OFF FUN DAY @TAASC** 1:00-6:00pm, **Kayaking** from 2:00-4:00 ( for those who want to kayak ) ,  
4:15 pm chili judging , 4:45 pm Chili dinner Bring your chili in a crock pot , prizes for first & second place. You can bring chili or a side.  
included during the afternoon are outdoor games like Frisbee golf & boccia ball. ( \$10.ea. to TAASC For those wanting to kayak )  
TAASC (The Adaptive Adventure Sports Coalition) - 6000 Harriott Rd Powell OH 43065 ( near the zoo ) **PB**
- Oct 11 **AMPS4OHIO AMPUTEE GROUP MONTHLY MEETING** 6:00 - 8:00pm \* 1151 W. 5th Ave. - Columbus, OH 43212
- Oct 14 **YOGA** 7-Studios 275 S. Third St. Columbus, Ohio 43215 **PB**
- Oct 18 **Justice Health & Wellness Fair** – Table Set –up Court House, Columbus, OH 11:00 - 2:00pm
- Oct 21 **"LIMITLESS" dis-Ability Fashion show, dinner & fundraiser** 1:00-6:00pm with one of our own members Larry Howard showing his patented Zipper designs and alterations for clothing for amputees/dis-Abled friends Franklin Park Adventure Center 1755 E Broad St - Columbus
- Oct 27 **DINNER WITH FRIENDS & WEAR YOUR HALLOWEEN COSTUME** (place to be determined at Oct meeting , costumes optional) **PB**
- Oct 28 **YOGA** 7-Studios 275 S. Third St. Columbus, Ohio 43215 **PB**
- Oct 28 **AMPUTEE COALITION CERTIFIED PEER VISITOR (CPV) CLASS** – 8:00am -5:00pm \* 1151 W. 5th Ave. - Columbus, OH 43212  
If you are interested in becoming a CPV so you can visit amputees In hospitals, rehabs etc with the knowledge and backing  
Of Amputee Coalition please consider taking this 8 hour Nationally Certified course. Contact Juanita ASAP to sign up .
- Nov 1 – 4 **Freedoms Never Free Veterans Appreciation Event** ( Juanita speaking Nov 4<sup>th</sup> ) Table set up. Lancaster Fairgrounds
- Nov 4 **BAKE SALE** ... Sam's Club at 1755 Rome-Hilliard Rd Columbus, OH Saturday 1:00 – 3:00pm We need baked good  
Donations & volunteers for this day. The proceeds from this will help us to pay for our Christmas Party Venue. **PB**
- Nov 8 **AMPS4OHIO AMPUTEE GROUP MONTHLY MEETING** 6:00 - 8:00pm \* 1151 W. 5th Ave. – Columbus (Speaker –Peggy Hill from U-Fit)
- Nov 11 **YOGA** 7-Studios 275 S. Third St. Columbus, Ohio 43215 **PB**
- Nov 18 **CARDS –EUCHRE** 2:00 - ? (Place to Be Determined) **PB**
- Nov 25 **YOGA** 7-Studios 275 S. Third St. Columbus, Ohio 43215 **PB**
- Dec 3 **AMPS4OHIO 2<sup>nd</sup> ANNUAL CHRISTMAS PARTY @ DOCK 580** - 580 N. High Columbus. 2:00 – 6:00pm  
Great food, prizes, music & Chinese Auction with some great Christmas gifts to bid on. Donations for our Chinese  
Auction welcome! Please bring your family and have a great time! **PB**
- Dec 9 **YOGA** 7-Studios 275 S. Third St. Columbus, Ohio 43215 **PB**
- Dec 13 **AMPS4OHIO AMPUTEE GROUP MONTHLY MEETING** 6:00 - 8:00pm \* 1151 W. 5th Ave. - Columbus, OH 43212
- Dec 16 **CARDS –EUCHRE** 2:00 - ? (Place to Be Determined) **PB**
- Dec 23 **YOGA** 7-Studios 275 S. Third St. Columbus, Ohio 43215 **PB**
- Nov 24 & Dec 29 ( **Dinner with Friends Cancelled** these dates due to Holidays)